

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

### Symptoms of CRANIOMANDIBULAR DISFUNCTION

HEAD PAIN, HEADACHES

1. Forehead
2. Temples
3. "Migraine" type
4. Sinus type
5. Shooting pain up back of the head
6. Hair and Scalp painful to touch

EAR PROBLEMS

1. Hissing, Buzzing
2. Ringing
3. Decreased Hearing
4. Ear pain, Ear ache
5. Clogged "Itchy" ears
6. Vertigo, Dizziness
7. No infection

JAW PROBLEMS

1. Clicking, Popping joints
2. Grating sounds
3. Pain in cheek muscles
4. Uncontrollable jaw and/or tongue movements

NECK PROBLEMS

1. Lack of mobility
2. Neck pain
3. Tired sore muscles
4. Shoulder aches
5. Backaches
6. Arm and finger numbness and/or pain

THROAT

1. Swallowing difficulties
2. Laryngitis
3. Sore throat with no infection
4. Voice irregularities or changes
5. Frequent coughing or cleaning of throat
6. Feeling of foreign object in throat constantly

TEETH

1. Clenching and/or grinding at night
2. Looseness and soreness of back teeth
3. Chips in teeth
4. Crowding of teeth
5. Excessive wear of teeth
6. Flaring of teeth

MOUTH

1. Discomfort
2. Limited opening
3. Can't find bite
4. Locks open or shut
5. Inability to open smoothly
6. Have multiple bites
7. Jaw deviates to one side when opening

EYES

1. Pain behind the eye
2. Bloodshot eyes
3. Sensitive to sunlight

